

RICHWOOD CIVIC CENTER

NEWSLETTER

235 Grove St, Richwood, OH 43344



740-943-2310/740-268-0112 SEPTEMBER 2026

"Like" the Facebook Page: "America 250-Village of Richwood" to follow all the events happening in the North Union Area to celebrate your country's 250th Semiquincentennial through December 2026!

SEPTEMBER 1776!

The Continental Congress's passed a resolution to legally transform the nation – declaring the country's name as the "United States". Fully sovereign and independent, the State's resolution proved to Great Britain that the State's separation was absolute and irreversible. In addition, it signaled to France and Spain they were dealing with a legitimate, united government and not a disorganized group of rebellious British

1 Sept: The start of the Cherokee–American War. A massive American force of 6,000 troops from Virginia and the Carolinas launched a unified invasion of the Cherokee Nation who had allied with the British to stop colonial encroachment. After the Revolutionary War, the Cherokees continued to fight for their land, in brutal frontier battles, for nearly 20 years.

6 Sep: The Staten Island Peace Conference. British Admiral Lord Richard Howe who led the Brits during the Battle of Long Island, called on American delegates Benjamin Franklin, John Adams, and Edward Rutledge to reconcile with Britain and offered them royal pardons. The peace talks failed immediately because Howe demanded the retraction of the Declaration of Independence, which the Americans immediately refused.

7 Sept: The American experimental submarine, the Turtle, built by David Bushnell, attempted a night attack on Admiral Howe's flagship, HMS Eagle, in New York Harbor. It's explosive charge failed to detonate but marked the birth of combat submersibles.

9 Sep: The Continental Congress passed a formal resolution officially changing the nation's name from the "United Colonies" to the United States of America. This permanently formalized the language used in the Declaration of Independence for all official government and military business.

15 Sept: British General William Howe, Admiral Richard Howe's brother, launched an amphibious landing at Kip's Bay (modern-day Manhattan). Outgunned American militias panicked and retreated, allowing the British to officially occupy New York City.

16 Sept: General Washington's troops dig in and successfully repel the Brits in Manhattan. This minor victory boosted shattered American morale and proved the Continental Army could hold its ground in open field combat.

21 Sept: A massive, mysterious fire broke out in fighting-torn New York City, destroying up to one-quarter of its buildings. While Washington denied ordering the arson, the destruction deprived the occupying British forces of vital winter quarters

22 Sept: British forces captured 21-year-old American Captain Nathan Hale behind enemy lines on Long Island. Convicted of espionage, he was hanged - without trial - famously declaring before death: "I only regret that I have but one life to lose for my country."

24 Sept: Benjamin Franklin was appointed as the United States Commissioner to France, to negotiate a secret military and economic alliance with France. It was the most critical diplomatic mission in global history!

STAY TUNED FOR KEY DATES IN OCTOBER 1776 – as the fight continues!!!!

*Our thoughts and prayers go out to
the family of*

*Larry Allen Tanner
Brother of Nancy Shuster*

*with deepest
Sympathy*

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Congratulations to our winners of our Bingo Run. Amy Beeney, Shirley Gilliam, and Gary Cunningham and thank you to our sponsors. We had so much fun and we appreciate your support. We had 26 filled golf carts participate in this event.



Brad & Valarie Plotner
Kirby Auto Parts
MJ Knapp Insurance
Mental Health & Recovery
Nevin Smith Farms
Richwood Bank
VFW Post 870

Senior Day at the Richwood Fair is scheduled for Friday, September 4th. All seniors age 60 and above as well as Veterans will get in free. You will get a free lunch at noon; however, this is a ticketed event, so please make sure you get your lunch ticket at the gate. No ticket, no lunch we have a limit of 300 tickets for this event.

Sewing class starts back up Thursday, September 3rd at 12:30 PM. They meet every Thursday.

REMINDER

WE ARE GETTING TO THAT TIME OF YEAR AGAIN



WHEN THE
NORTH UNION SCHOOLS
ARE CLOSED DUE TO
BAD WEATHER, WE ARE
CLOSED AS WELL.

Richwood Civic Center Mission Statement

The Richwood Civic Center is a vital community based non-profit organization committed to providing for the well-being and growth of families and individuals through activities, education, and resources.

RCC staff and Program Directors

Executive Director: Susie Pfarr susie.centerdirector@gmail.com
Activities Coordinator: Roxie Nauman roxie.civiccenteractivities@gmail.com
Office Coordinator: Janet Shaffer janetoffco@gmail.com
General email: richwoodciviccenter@gmail.com
REAP Director: Ruth Allison
REAP Co-Director: Emily Brentlinger
PNP Director: Carola McMahan
Richwood Farmers Market Manager: Shauna Chapman



BOARD OF TRUSTEES

President: Nancy Wiley
Vice President: Linda McNamee
Secretary: Terri Gravatt
Treasurer: Jean Smith
Asst. Treasurer: Terri Gravatt

BOARD MEMBERS

Suelyn Ackerman	Reddy Brown
Gina Davis	Tonya G. Johnson
Cole Krawczyk	Rita Monroe
Larry Nibert	Donny Ridgeway

Board Meetings are held on the 3rd Thursday of each month.
If you would like to attend, please contact the Executive Director

CANCELATION POLICY FOR TRIPS

Mystery & Short Trips

1. You can cancel up to 1 week before trip to be eligible for either a full refund or partial refund
2. Absolutely no refund if you cancel within 6 days of the trip, unless we have a person to replace you.

Big Trips

1. Deposits are nonrefundable
2. A 30 day cancellation notice is required to get a refund.

VISITING THE CIVIC CENTER

We are located at 235 Grove St. Please check Our calendar for current activities and events

Business Hours

Monday 10:00 am – 2:00 pm

Tuesday 10:00 am – 3:00 pm

Wednesday & Thursday 10:00 am – 4:00 pm

Friday 10:00 am – 2:30 pm

REAP hours Friday 8:30 am – 12:00 pm

Or by appointment

PNP hours call for placing an order

Richwood Farmers Market hours during summer

Every Thursday, 4:00 pm-7:00 pm
at Richwood Lake Park



September 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	AS 10 AM GD 1 PM 1	CB 11 AM 2 M Mrkt 11 AM BINGO 1 PM	GF 9 AM 3 BS 10 AM SEW 12:30 PM	REAP 8:30-12 SENIOR DAY FAIR OFFICE CLOSED	PNPP 9 AM 5 RWFR 9 AM
6	7  OFFICE CLOSED	8 BOOK C 10 AM GD 1 PM FD 5 PM	9 BINGO 1 PM	10 GF 9 AM BS 10 AM SEW 12:30 PM	11 REAP 8:30-12	12
13	14 GF 10 AM LD 12:30 PM BINGO 1 PM	15 GD 1 PM	16 BINGO 1 PM	17 GF 9 AM BS 10 AM SEW 12:30 BM 7 PM	18 REAP 8:30-12	19
20	21 GF 10 AM LD 12:30 PM BINGO 1 PM TORONTO/NIAGARA CANADA SIDE TRIP #1	22 GD 1 PM	23 BC 10 AM BINGO 1 PM	24 GF 9 AM BS 10 AM SEW 12:30 PM	25 REAP 8:30-12	26
27	28 GF 10 AM LD 12:30 PM BINGO 1 PM	29 GD 1 PM	30 BINGO 1 PM LAE MAKING 2 PM	1 GF 9 AM BS 10 AM SEW 12:30 PM	2 REAP 8:30-12	3

HOLIDAYS AND OBSERVANCES: 2: LABOR DAY

MondayMandala.com

AAR =Alzheimers Representative	AS = Alzheimers Support Group	Ad Bd =Advisory Board
BC =Breakfast Club	Book C =Book Club	BS =Bible Study
CB =Commodity Box Day	CC =Creative Crochet	FD =Fellowship Dinner
GD =Game Day	GF =GeriFit Exercise	HC =Health Check
LD =Line Dancing	Lib Day =Library Day	M Mrkt =Mobile Market Day
MT =Mystery Trip	NF =Newsletter Folding	PNPP =Personal Needs Pick Up
SSR =Senior Services Representative	Sew =Sewing Class	*Health Check done by Ohio Living Sarah Moore House

September 2026 – Community Meals

Please call your site before 9:30 a.m. to make a reservation.

TUESDAY, SEPT. 1

Beef & Noodles
Tossed Salad/HB Egg
Mixed Vegetables
Oranges
Whole Wheat Bread Slice

WEDNESDAY, SEPT. 2

Cranberry Chicken
Scalloped Potatoes
Steamed Spinach
Peaches
Vanilla Wafers
Oatmeal Bread Slice

THURSDAY, SEPT. 3

Chef Salad
(Ham, Turkey, Cheese, HB Egg)
Fruit Cocktail
Club Crackers
Orange/Cranberry Scones

FRIDAY, SEPT. 4

Grilled Hotdog on Lg. Bun
Seasoned Potato Wedges
BBQ Baked Beans
Grape Salad

MONDAY, SEPT. 7



TUESDAY, SEPT. 8

Baked Fish Sticks
Au Gratin Potatoes
Buttered Lima Beans
Peaches
Gingersnap Cookie
Whole Grain Bread Slice

WEDNESDAY, SEPT. 9

Fried Chicken (white or dark)
Buttered Green Beans
Creamy Coleslaw
Fruit Mix
2 oz. Biscuit

THURSDAY, SEPT. 10

Meatloaf
Baked Sweet Potato
Broccoli w/Cheese
Pineapple Fluff
Dinner Roll
Cake & Ice Cream

FRIDAY, SEPT. 11

BBQ Meatball Sub
Lg. Hoagie Bun
Fried Potatoes & Onions
Buttered Peas
Watermelon

MONDAY, SEPT. 14

Sausage Gravy over
2 oz. Biscuit
Scrambled Eggs
Fried Potato Cubes
1 c. Fresh Fruit

TUESDAY, SEPT. 15

Pimento Cheese on
2 Whole Grain Bread Slices
Tomato Soup
Veggie Plate w/Ranch
Warm Pears

WEDNESDAY, SEPT. 16

Haystacks (2oz.beef, lettuce,
tomato, cheese & 1 oz. of
chips)
Refried Beans
Mexican Rice
Coconut Fruit Salad

THURSDAY, SEPT. 17

Chicken Salad w/Ritz Crackers
Caesar Side Salad
Creamy Cucumbers & Onions
Oranges
Chocolate Pudding

FRIDAY, SEPT. 18

Country Fried Steak
Mashed Potatoes/Gravy
Collard Greens
Cherry Crisp
2 oz. Biscuit

MONDAY, SEPT. 21

Garlic Butter Baked Salmon
Brown Rice
Steamed Broccoli
Creamy Coleslaw
Peaches
Gingersnap Cookie

TUESDAY, SEPT. 22

Hamburger Stroganoff
Over Noodles
Tossed Salad/HB Egg
Red Beet Salad
Scallop Pineapple
Multi Grain Bread Slice

WEDNESDAY, SEPT. 23

Hot Shredded Chicken on
Lg. Bun
Crispy Tater Tots
Broccoli Salad
Apricots

THURSDAY, SEPT. 24

Pork Chop
Mashed Potato/Gravy
Italian Beans
Fruit with Dressing
Whole Wheat Bread Slice
Animal Crackers

FRIDAY SEPT. 25

Hamburger Vegetable Soup
Tossed Salad w/HB Egg
Oranges
2 oz. Cornbread Muffin

MONDAY, SEPT. 28

Honey BBQ Chicken Wings
Macaroni Salad
Kidney Bean Salad
Hash brown Casserole
Mixed Fruit
Brownie

TUESDAY, SEPT. 29

Big Mac Burger on Lg. Bun
Potato Salad
Veggie Plate w/Ranch
Pistachio Fruit Fluff

TUESDAY, SEPT. 30

Tuna Noodle Casserole
Tomato w/Cottage Cheese
Baked Butternut Squash
Fruited Jell-O
Oatmeal Bread Slice



Windsor: 937-644-8459
Richwood: 614-949-4382
Plain City: 614-873-8870

All meals prepared without added salt.

Menu subject to change based on availability and weather

WE ARE PARTNERED

with Richwood Coffee



RICHWOOD
COFFEE



When you designate your coffee cups to
RICHWOOD CIVIC CENTER,
100% of these funds go directly to our
organization to assist our initiatives to help
strengthen the communities in which we serve.

RICHWOOD | MARYSVILLE | DELAWARE | SPRINGFIELD | BELLEFONTAINE | PLAIN CITY

CELEBRATING AMERICA 250

WE ARE RAFFLING OFF
THIS BEAUTIFUL QUILT MADE
BY OUR SEWING CLASS
GROUP.

DRAWING WILL BE
TUESDAY, SEPTEMBER 8TH

\$1 PER TICKET OR GET
6 TICKETS FOR \$5
(YOU DO NOT HAVE TO BE
PRESENT TO WIN)





FRIDAY, SEPTEMBER 4TH IS
SENIOR/VETERANS DAY AT THE FAIR
THE DAY BEGINS WITH CHUCK MAGILL ENTERTAINMENT
FREE LUNCH AT 12 NOON
BINGO AT 1 PM
AND THEN WRAPING UP THE DAY WITH CHUCK BERRY HISTORY

IMPORTANT: Lunch is a ticketed event. Please make sure you get
your lunch ticket at the gate when you come in.
Only 300 tickets available

MYSTERY TRIP

THERE IS NO MYSTERY TRIP SCHEDULED FOR
SEPTEMBER

Lei Making with 2 Ribbons

Led by Nancy Clute Wiley

Come learn to make a Hawaiian lei
using 2 ribbons

(You may have an opportunity in the next
couple of months to wear it here at the Civic
Center.)

Wednesday September 30th

2:00 p.m. in the Community Room

\$7 to cover the cost of the ribbon

Please RSVP by September 23rd.



RUTH WOODS FUN RUN



RUN FOR COMMUNITY. RUN FOR A CAUSE.



DATE:
SATURDAY,
SEPTEMBER 5



9:00 AM
REGISTRATION OPENS
AT 8:00 AM



LOCATION:
RICHWOOD INDEPENDENT
FAIRGROUNDS
1 GILL ST., RICHWOOD, OH



5K RUN
\$40



WALK
\$30

INCLUDES A FAIR PASS FOR THE DAY!

REGISTER TODAY!



SIGN UP ONLINE AT:
RUNSIGNUP.COM



COME RUN, WALK,
AND SUPPORT
A GREAT CAUSE!



PROCEEDS BENEFIT THE
RICHWOOD CIVIC CENTER.

EVENT HIGHLIGHTS



POST-RACE REFRESHMENTS



ALL AGES & SKILL LEVELS WELCOME



SCENIC FUN RUN COURSE



GREAT COMMUNITY ATMOSPHERE



FOLLOW US FOR UPDATES!

FOR MORE INFORMATION,
VISIT RICHWOODCIVICCENTER.COM

CELEBRATE THE HEROES AMONG US

A DAY TO
HONOR, THANK
AND CELEBRATE



PATRIOTISM
AND
COMMUNITY


SATURDAY
OCT 03


NORTH UNION
MIDDLE SCHOOL


ALL AGES
FREE EVENT


NOON –
3:00 PM

EVENT INCLUDES


TOUCH-A-TRUCK


FREE HOT DOGS
& DRINKS


MEET & GREET
MILITARY SERVICE
MEMBERS


LAW
ENFORCEMENT


FIRE & EMS

★ FOR MORE INFO: ★
VISIT AMERICA 250
VILLAGE OF RICHWOOD
FACEBOOK EVENT PAGE



★ CONTACT: ★
GAIL DEGOOD-GUY
740-943-3604
GANDT15@GMAIL.COM

CARFit

**Free Gift Cards for the
first 15 participants!
Sign up today!**

Is Headed Your Way!

CarFit is a free, interactive and educational program designed to improve older driver safety. Trained volunteers provide information to ensure the safest "fit" for older drivers and their vehicles.



Where:

**153 N. Franklin St
Richwood, Oh 43344**

When:

**September 10, 2026
10am-12pm**

Contact:

**Tam Blakely
937-539-3351**





Thursdays from 4-7pm
June 11th – October 8th
Richwood Park
Shelter House 1
4 Lynn St, Richwood, OH 43344

SEPTEMBER
SENIOR DAY
THURSDAY THE
17TH
COME JOIN THE FUN

RISK OF FALLS AWARENESS



HEARING HEALTH DECISIONS

In the **UNITED STATES**, unintentional falls are the **LEADING CAUSE OF INJURY AND INJURY DEATH** among adults aged ≥ 65 years.^[a]

DID YOU KNOW?
 Mild degrees of hearing loss can cause up to a threefold increased risk of falling.^[a]

Research indicates reasons why hearing loss can increase the risk of falls. Those with hearing challenges may have:

Older adults with hearing loss are at a 2.4 times greater risk of falls than their normal hearing peers.^[a]



Increased cognitive load as the brain struggles to interpret sounds, leading to fewer cognitive resources to help with balance and stability.^[a]

Shared pathways between hearing and balance-related brain structures.

Fewer sensory cues in daily surroundings which help with spatial orientation and hazard avoidance.

An ounce of prevention is worth a pound of cure...
 As hearing loss may increase the risk of falls, with negative impact on quality of life and longevity, it is vital to get an expert consultation. With timely evaluation and trusted advice, those at risk will be better able to make well-informed decisions.

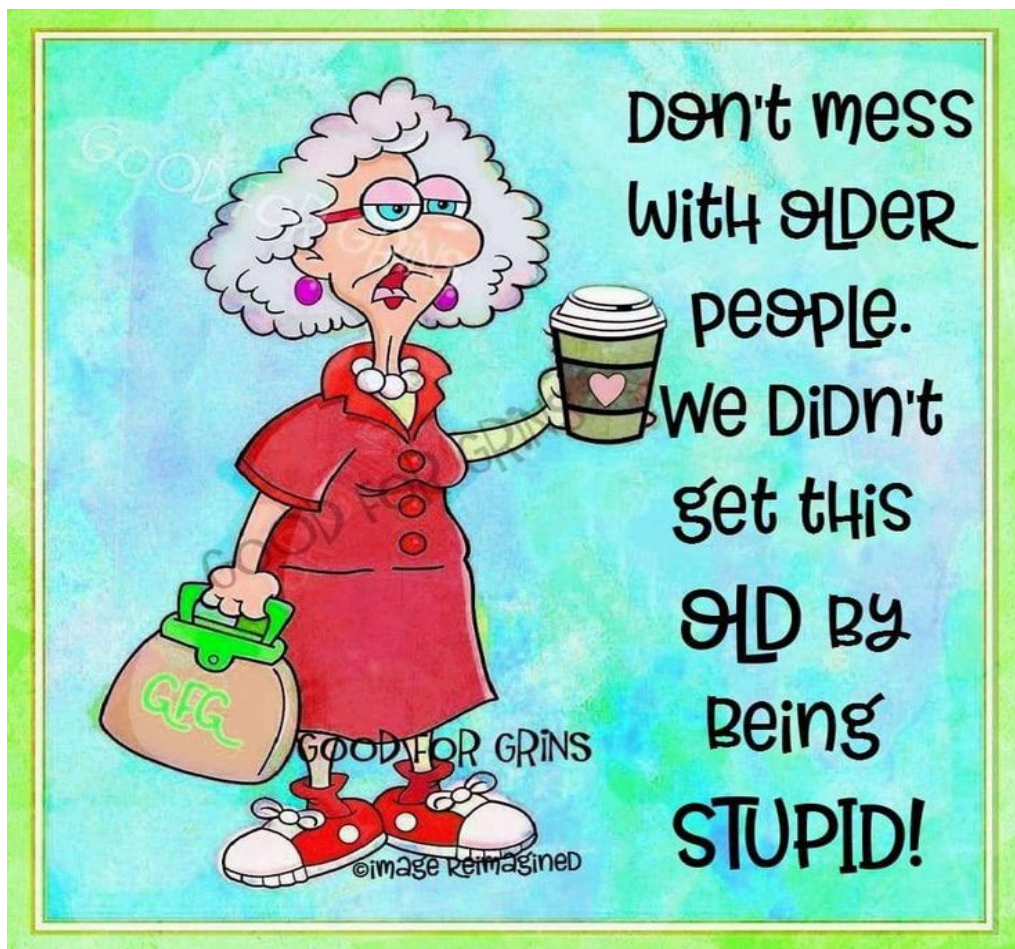
FAMILY AUDIOLOGY
 AND HEARING CENTERS



15 Convenient Locations
familyahc.com

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[a] Kakara R, Bergen G, Burns E, Stevens M. Nonfatal and Fatal Falls Among Adults Aged ≥ 65 Years — United States, 2020–2021. *MMWR Morb Mortal Wkly Rep* 2023;72:038–043. DOI: <http://dx.doi.org/10.15585/mmwr.mm7235a1>. [a] <https://www.ut-southwestern.edu/newsroom/articles/year-2022-july-hearing-loss-and-falls.html> [a] *J Am Geriatr Soc*. 2023 Oct 7;71(10):2192–2197. doi: 10.1111/jgs.18461. Epub 2023 Jun 14.

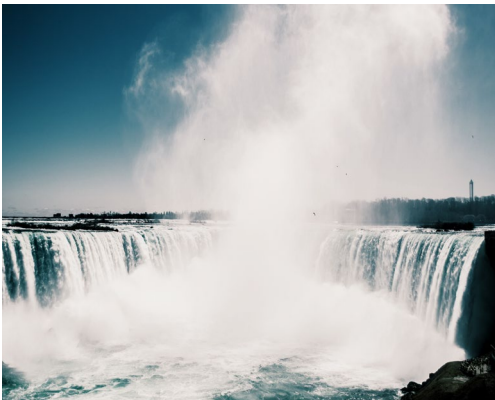


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UPCOMING EVENTS TO MARK YOU CALENDAR

- RICHWOOD FARMERS MARKET THURSDAYS AT THE PARK 4-7 PM
- SENIOR DAY RICHWOOD INDEPENDENT FAIR: SEPTEMBER 4TH
- RUTH WOODS FUN RUN: SEPTEMBER 5TH
- NIAGARA FALLS TORONTO TRIP: SEPTEMBER 21ST – SEPTEMBER 25TH
- NIAGARA FALLS TORONTO TRIP #2: OCTOBER 5TH – OCTOBER 9TH
- MEMBERS CHRISTMAS DINNER: DECEMBER 8TH





September 2026



SUN

MON

TUE

WED

THU

FRI

SAT

		1 Bev Barnes	2 Charles Roberts	3	4 Fred Smith	5
6	7	8	9 Dee Britton	10 Lois Blackburn John Stallsmith	11 Brian Fout Dorothy Patingale	12
13	14 Dianna Dutt Carolyn Wilds	15	16 Tina Tennar	17	18	19
20	21	22	23	24	25	26
27	28	29	30 Pam Marshall			

Richwood Community Meal

Tuesday

September 15, 2026

4:30-6 pm

**First Baptist Church
101 E Ottawa St, Richwood**

Brought to you by area churches in partnership with



**Everyone is welcome!
Free of charge!**

CAREGIVER SUPPORT GROUP



First Tuesday of every month
@ 10 AM
Next meeting
September 1

Location:
Richwood Civic Center
235 Grove St
Richwood, OH 43344

To register call 800-272-3900.

Visit alz.org/centralohio to learn more about
caregiver programs and resources.

**Build a support system with
people who understand.**

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for individuals caring for a loved one with dementia to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues
- Share feelings, needs and concerns
- Learn about community resources

800.272.3900 | ALZ.ORG



GAME DAY

EVERY TUESDAY AT 1 PM
Euchre
And other games available

COME JOIN THE FUN

Summer Crisis Program Begins July 1

More than 55,000 Ohio households served in 2025

The Ohio Department of Job and Family Services and <insert organization> are once again offering assistance to help Ohio's families stay cool during the hot summer months.

From July 1 through Sept. 30, income-eligible Ohioans can receive assistance in paying their electric bill, purchasing an air conditioner or fan, or making repairs to their central air conditioning unit through the Ohio Department of Job and Family Service's [Home Energy Assistance Summer Crisis Program](#) (HEAP). The Summer Crisis Program assists low-income households or those that have a disconnection notice, have been shut off, are trying to establish new service on their electric bill, require air conditioning, or those with a household member age 60 or older and/or a household member with a documented medical condition. Qualifying medical conditions can include lung disease, Chronic Obstructive Pulmonary Disease, asthma, and others.

To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to seven members, and 60 percent of the State Median Income for a family of eight or more members. For a family of four, the annual income must be at or below \$57,750. Last year, the Summer Crisis Program assisted more than 55,000 households in Ohio, providing a total of \$12.4 million in benefits.

To apply for the program, clients are required to schedule an appointment with <insert local energy assistance provider organization name>. Appointments can be scheduled by calling <insert number>.

Clients need to bring copies of the following documents to their appointment:

- Copies of their most recent energy bills.
- A list of all household members and proof of income for the last 30 days or 12 months for each member.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).
- Physician documentation that cooling assistance is needed for a household member's health.

Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may also be eligible for assistance, or central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the Summer Crisis Program, and what is needed to apply, contact Magali Solis at [937-642-4986](tel:937-642-4986). To be connected to your local Energy Assistance Provider visit

www.energyhelp.ohio.gov.

PERSONAL NEEDS PANTRY(PNP)

Personal Needs items such as facial tissues, bath tissue,, razors, deodorant, toothpaste, soap, shampoo, and more as well as special needs for seniors such as incontinence underwear, denture cleaner etc. are made available. We also have some cleaning supplies such as laundry detergent, toilet bowl cleaner, household cleaner and more.

To place an order for personal needs, call 740-943-3095 from 10 AM to 5 PM between the 20th and 30th of each month. Your order can be picked up on the first Saturday of the month at the Richwood Greene Apartments 235 Grove St. Between the hours of 9 AM and 10 AM. Please drive to the parking lot to the back of the building. You do not need to get out of your car-someone will be there to get the order for you. You must order in advance each month as described above. If you have any questions or are in an emergency situation, please call the Richwood Civic Center office at 740-943-2310. **PNP does not accept any donations of clothing or cosmetics.**



COMMODITY FOOD BOX PROGRAM

There are currently a few spaces available for this program. Please call the Richwood Civic Center at 740-943-2310 and speak with Janet if you are interested.

Pick up is the first Wednesday of every month for 2026





REAP
"U" Shop

Food Pantry

235 Grove St. Richwood OH
Back of building

*pick your
own items!*

OPEN EVERY FRIDAY
8:30 am — 12:00 pm
And by appointment on
Monday & Wednesday
Available once per month
Please call Amber at 937-209-8823

Serving all residents living in the
North Union School District.
Please bring
Proof of residency
ID's,
Social Security Number
or Birth Certificate
for anyone living in the
household



Creative Crochet & Sewing Class



Crochet 11:30 AM

Taking the summer off. Starts back up in October

Sewing 12:30 PM

Every Thursday.



LINE DANCING

Every Monday

@ 12:30 PM

Led by

Art & Fred Smith



GERIFIT EXERCISE

Mondays 10 AM

Thursdays 9 AM



2nd Tuesday every month 10 AM



BOOKS AVAILABLE IN THE OFFICE

FELLOWSHIP DINNER

\$5

Tuesday, September 8th
@ 5 PM

RSVP A MUST!

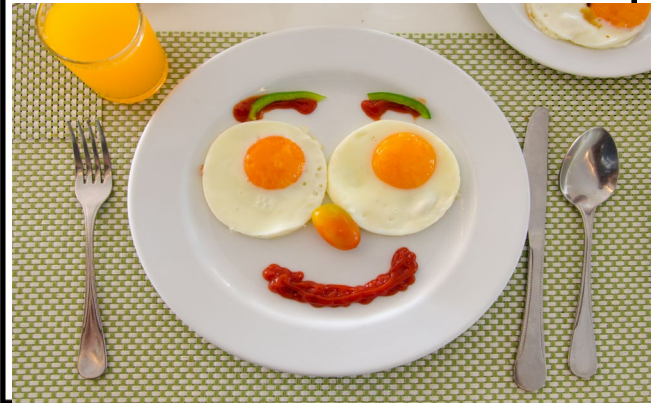
*Sponsor: MJ Knapp Ins
Tailgate Party

**Come join the fun
Every Monday &
Wednesday
@ 1 PM
CASH & PRIZES**



**AND
POOF!!!
JUST LIKE
THAT
SUMMER IS
GONE**

**BREAKFAST CLUB
EVERY 4TH WEDNESDAY
@ KELLY'S
RSVP IS A MUST!**



**WAIT!
WHAT?
OH MY!**

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Richwood Office

6 South Franklin Street,
Richwood, Ohio 43344
Phone No: 740.943.2510

Hours: Mon-Fri 8:30 AM–
4:30 PM, Sat: 9 AM–12 PM

M.J. Knapp Insurance Agency
commits to bringing its customers
the best and most affordable
insurance. Get in touch with one of
our friendly and knowledgeable
agents with any questions you may
have about our insurance options.



RICHWOOD GREENE

235 GROVE ST
RICHWOOD, OH 43344
55 APARTMENTS
1&2 BEDROOM UNITS

740-943-2332

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER



SMOKY BEARS

grill & chill

115 1/2 N FRANKLIN ST
RICHWOOD, OH 43344
Parking Lot Located on N Fulton Street

-  House Smoked Meats
-  Dine In Or Take Out
-  Catering Options
-  Beer, Wine, and Cocktails
-  Gift Cards Available

P: (740) 268-0017
WWW.SMOKYBEARSGRILLCHILL.COM
OPEN WEDNESDAYS-FRIDAYS
11:00PM-8:00PM
SATURDAYS & SUNDAYS
12:00-8:00



740-943-2111

335 E Blagrove St., Richwood, OH 43344



Farrier Supplies
367 E. BLAGROVE ST., RICHWOOD, OHIO 43344
PHONE (740) 943-2335
1-800-421-3109
www.ken-davis.com
kendavis@ken-davis.com



**RICHWOOD
AUTO & TRUCK**

209 N. Franklin St.
Richwood, Ohio 43344

740-943-2381
740-943-2382

Family owned and operated since 1982.



We treat your car like our own

343 E. Blagrove St. P.O. Box 65 Richwood, OH 43344
740.943.2412



131 N Main Street
Marysville, OH 43040
937.642.1212

VETERANS OF FOREIGN WARS

**VFW Post 870
PO Box 164
Richwood, OH
43344**



PROMOTING PATRIOTISM!
SUPPORTING OUR SCHOOLS
SERVING OUR COMMUNITY!

Calling All Seniors – Come One, Come All!



Healthy Seniors Day Tuesday, September 22 10 – 11:30am

Memorial Hospital
Wellness Center,
500 London Ave.,
Entrance E

*(see map for parking
instructions)*

**Join us for this free event,
geared just for seniors!**



Sponsored by the Union County Older Adult Falls Prevention Coalition



MemorialOhio.com



Schedule of Events

- 10am** Register for the morning – the first 20 attendees will receive a free \$10 lunch voucher for the Memorial Hospital Bistro '52!
- 10 - 10:30am** Speak with Memorial experts who can support your health goals!
- Talk 1:1 with a primary care physician
 - Hear about how pelvic floor physical therapy can help men and women
 - Test your balance and learn how to prevent falls
 - Discuss medication management and your risk of falling
 - Understand the benefits of vestibular and vision therapies
 - Get the latest on Inspire sleep therapy for sleep apnea conditions
 - Check your blood pressure
 - Learn about the importance of hearing screenings
- 10:30 - 11:15am** Check out 15-minute demonstrations and learn:
- How to get up from a fall
 - How to improve your balance through exercise
 - Tips for exercising at home and an at-home exercise program
- 11:15 - 11:30am** Visit any of the stations – and get a tour of the Wellness Center!

**COMPLETE 3 ACTIVITIES ON YOUR PASSPORT
AND GET ENTERED FOR A FREE MASSAGE!**



September 2026

PRIME TIME

940 London Avenue, Suite 1800
Marysville, OH
Voice: 937-644-1010 Option 5
Fax: 937-644-8700

<https://www.unioncountyohio.gov/senior-services-home>

National Falls Prevention Activities

Presented by the Union County
Health Department

- Monday, September 21, Richwood Civic Center at 10AM
- Tuesday, September 22nd at Memorial Wellness Center at 10am
- Wednesday, September 23rd at Helen Evans at 10am
- Wednesday, September 23 (CarFit) at Marysville First English Lutheran Church at 10am

National Falls Prevention Activities

September 21 - 23

Balance Screening, Mobility Exercise,
Falls Prevention Information, Senior CarFit
& much more

Richwood, Memorial Hospital-Wellness Center,
Helen Evans Seniors, Logan County



Regional Senior Falls
Prevention Coalition



UNION COUNTY
HEALTH DEPARTMENT

For more info ask Noel Williams @ 937.645.2053

<http://www.unioncountyohio.gov>



**Richwood Fair is
September 1-7, 2026**

Senior & Veterans lunch is
Friday September 4th at Noon

Tickets are given out at the entrance gate. The first 300 tickets will be served.

Schedule:

Music with Chuck Magill	11am-1pm
Lunch	Noon
Bingo	1pm
Chuck Berry	2pm

**Senior Wellness Fair
Thursday—October 8th, 2026
12:30-3:00pm**

Union County Building
940 London Ave. Marysville, OH

- Free Screenings
- Door prizes \$100.00 gift card
- Union County Health Dept will be giving vaccines from 1-3:00pm (Flu, Covid, Shingles, etc.) Make appointment 937-645-2058. Bring ID & Insurance Card

Sponsored by: Windsor and Community Seniors, Inc. questions: 937-644-8464.

Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse.

Contact the Abuse Hotline at 937-644-1010 Option 1

Thank you!

Thank you to all who participated and came out for Senior Day at the Union County Fair. We had around 300 seniors come out for the event!



From September 1 to October 30th Union County Senior Services will take applications

- Applicants must provide proof of Income (SS award letter or bank statement)
- Must enter number of people in household
- Applications are also available on-line: at Caretrain.org
- Income requirements are 60 and older with monthly income of: \$2,660 single and \$3,606 for two-person household.

Be On the Lookout



Medicare Impersonators

The Ohio Senior Medicare Patrol has received reports of fraudsters mis-representing themselves as employees from government agencies.

What to Look For:

- Calls claiming to be from Medicare, Ohio Dept of Insurance, or Social Security.
- Callers who say you qualify for a new plastic Medicare card.
- People who offer you gifts or gift cards for switching Medicare plans.



What to Do:

- **Do not share** any personal info, such as your DOB, Medicare or SS numbers.
- **Review** your Medicare Summary Notices for unauthorized charges.
- Contact the **Ohio Senior Medicare Patrol**. We can help check your account for suspicious activity.



800-293-4767

Protect Yourself and loved ones from Medicare Fraud

PRIME TIME

is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact Tonya.brooks@jfs.ohio.gov.

Richwood Civic Center Annual Membership Form



Date _____

Name _____ Birthdate _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____ Veteran Yes No

Spouse Information

Name _____ Birthdate _____

Phone _____ Veteran Yes No

Email _____

Annual membership fee: Single \$20.00 Couple \$25.00

Renewal due by July 1st of each year.

Please make checks payable to: Richwood Civic Center

235 Grove St.; Box 200

Richwood, OH 43344

You can also send money through PayPal or Venmo: Richwood Civic Center

Information will be used for newsletter mailings and event reminders. Information will not be shared with any outside agencies.

EVENTS/REMINDERS

Mobile Market – Wednesday, Sept. 2
Senior/Vet Day Fair – Friday, Sept 4
Ruth Woods Fun Run – Saturday, Sept 5
Fellowship Dinner – Tuesday, Sept 8
Breakfast Club – Wednesday, Sept 23



Seniors: Do you have personal papers that need to be disposed of? We have a File 13 Bin for your security. This service is provided free of charge through File 13, Marysville, OH

TRANSPORTATION

For seniors needing transportation to their activities of daily living (mobile market, shopping, medical, banking, legal, library etc) and to activities of socialization (all of our activities) free of charge for seniors 60 years and older, please call: **UCATS at 937-642-5100** to schedule a ride.

Please call at least 24 hours in advance.

Other transportation companies for a small fee:

Legends Lift & Transport
937-358-2024



The Richwood Civic Center

Is funded in part by:



OHIO
grow with us.

United Way
of Central Ohio

