

RICHWOOD CIVIC CENTER

NEWSLETTER

235 Grove St, Richwood, OH 43344



740-943-2310/740-268-0112

MAY 2026

"Like" the Facebook Page: "America 250-Village of Richwood" to follow all the events happening in the North Union Area to celebrate your country's 250th Semiquincentennial through December 2026!

AMERICA 250 Dates in May 1776:

During May 1776, the Colony's momentum for independence was irreversible. They began to systematically dismantle the British Empire's legal and political structures forced upon them!

May 2: French Aid Begins. King Louis XVI of France [committed one million dollars](#) in arms and munitions to the American cause. This secret support was a crucial turning point for the cash-strapped Continental Army.

May 4: Rhode Island Renounces Allegiance. Two months before the national declaration, the Rhode Island General Assembly [voted to sever ties](#) with King George III, making it the first colony to declare its own independence.

May 10: New Governments Recommended: The Second Continental Congress [passed a pivotal resolution](#) advising colonies to establish their own independent governments to ensure safety and happiness. This marked a pivotal shift toward independence by formally dissolving royal authority.

May 15: John Adams' Preamble: Congress adopted John Adams' [radical preamble](#) that stated authority under the Crown should be "totally suppressed and replaced by local governments. Additionally, because the King had rejected reconciliation and hired foreign German mercenaries to fight, all authority under the Crown should be suppressed. This was essentially a functional declaration of independence.

May 17: Naval Victory at Nantasket Road. Captain James Mugford, commanding the schooner *USS Franklin*, captured the British transport ship *Hope*, which was carrying 1,500 barrels of gunpowder, 1,000 carbines and other materials – all of which was desperately needed by the Continental Army.

May 2026 Veteran Related Dates:

1 May: Silver Star Banner Day: To honor all wounded, ill, disabled and dying Veterans.

8 May 1942: V-E (Victory in Europe) Day

8 May: Military Spouse Appreciation Day

13 May: Children of Fallen Patriots Day

16 May: Armed Forces Day: A joyous day to celebrate all currently serving in our Armed Forces!

25 May: Memorial Day: A solemn occasion to honor the men and women who died while serving in our Armed Forces. (Lower Flags at sunrise. Raise Flags at noon). Watch the newspaper and/or Facebook for information on local services.





*Our thoughts and prayers go out to
the families of Marian Blair and
Edward Wilds father of Edra
Ridgeway and all those that have
lost Loved ones*

*with deepest
Sympathy*

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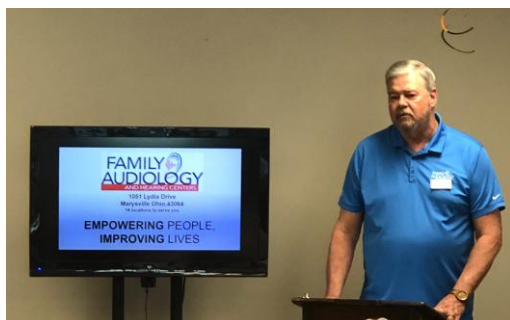
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Time flies when you are having fun. We are having so much fun doing activities and events for all of you. We enjoyed the sponsor of our April Fellowship Dinner, Terry and Rachel from Family Audiology. They will be visiting our facility frequently offering free screenings and answering your questions. Watch June's newsletter for more information on when they will be visiting next.



Due to circumstances beyond our control, we will not be doing a Mystery trip for the month of May. These fun mysterious trips will resume in June. Do you have a suggestion for a trip? Please call our office and give us your suggestions.

Speaking of trips, we did add a second trip to Canada in the fall. We need your help though to make it happen. We need you to tell your friends and family member and have them sign up by June 5th. Otherwise, it will get canceled. For more information, please look at page 7. We are also excited to start game day! Every Tuesday at 1 PM you can come in and play Euchre or come in to learn to play a new game. This month we will be playing Rummikub. See page 9 for more details. Have a great month!

Susie Pfarr

Executive Director

Richwood Civic Center Mission Statement

The Richwood Civic Center is a vital community based non-profit organization committed to providing for the well-being and growth of families and individuals through activities, education, and resources.

STAFF

Susie Pfarr-Executive Director: susie.centerdirector@gmail.com

Roxie Nauman-Activity Coordinator: roxie.civiccenteractivities@gmail.com

Janet Shaffer-Office Coordinator: janetoffco@gmail.com

General email: richwoodciviccenter@gmail.com

BOARD OF TRUSTEES

President: Nancy Wiley

Vice President: Linda McNamee

Secretary: Terri Gravatt

Treasurer: Jean Smith

Asst. Treasurer: Terri Gravatt

Board Meetings are held on the 3rd Thursday of each month.

If you would like to attend, please contact the Executive Director

REAP Director: Ruth Allison Co-Director: Emily Brentlinger

PNP Director: Carola McMahan

BOARD MEMBERS

Larry Nibert

Suelyn Ackerman

Donny Ridgeway

Gina Davis

Deb Wright

Reddy Brown

Tonya G Johnson

Rita Monroe



CANCELATION POLICY FOR TRIPS

Mystery & Short Trips

1. You can cancel up to 1 week before trip to be eligible for either a full refund or partial refund
2. Absolutely no refund if you cancel within 6 days of the trip, unless we have a person to replace you.

Big Trips

1. Deposits are nonrefundable
2. A 30 day cancellation notice is required to get a refund.

Visiting the Civic Center

We are located at 235 Grove St. Please check our calendar for current activities and events.

Business Hours

Monday 10:00 am—2:00 pm

Tuesday 10:00 am—3:00 pm

Wednesday & Thursday 10:00 am—4:00 pm

Friday 10:00 am—2:30 pm

740-943-2310/740-268-0112

North Union School Acts of Kindness Day

Wednesday, May 6

North Union School students will be on site starting at 1 PM to

Play games , wash windows and just spend time with us and have fun.



WE ARE PARTNERED
with Richwood Coffee



When you designate your coffee cups to **RICHWOOD CIVIC CENTER**, 100% of these funds go directly to our organization to assist our initiatives to help strengthen the communities in which we serve.



740.943.2317 • RICHWOODCOFFEE.COM

RICHWOOD | MARYSVILLE | DELAWARE | SPRINGFIELD | BELLEFONTAINE | PLAIN CITY

HOW IT WORKS:

1. Visit our customer specialists and decide how much you'd like to donate
2. Receive a gift card of Thank You Cups that match your donation level
3. Head over to the Richwood Coffee order window and choose a hot or cold cup of your choice

YOU CAN MAKE A DIFFERENCE!

Even if you're not a Richwood Bank customer. Anyone can donate to our nonprofit beneficiaries and receive thank you drinks in return.

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 REAP 8:30-12	2 PNPP 9
3	4 GF 10 LD 12:30 BINGO 1	5 AS 10 AAR 10 GD 1	6 M MRKT 11 CB 11 BINGO 1 NU Community Day	7 GF 9 BS 10 LIB DAY 11 SEW 12:30	8 REAP 8:30-12	9
10	11 GF 10 LD 12:30 BINGO 1	12 BOOK C 10 GD 1 FD 5	13 BINGO 1	14 GF 9 BS 10 SSR 11 SEW 12:30	15 REAP 8:30-12	16
17	18 GF 10 LD 12:30 BINGO 1	19 GD 1	20 BINGO 1 Class Reunion Party 2 PM	21 GF 9 BS 10 SEW 12:30	22 REAP 8:30-12	23
24 31	25 CLOSED MEMORIAL DAY	26 NF 10 GD 1	27 BC 10 BINGO 1	28 GF 9 BS 10 SEW 12:30	29 REAP 8:30-12	30

AAR=Alzheimers Representative

BC=Breakfast Club

CB=Commodity Box Day

GD=Game Day

LD=Line Dancing

MT=Mystery Trip

SSR=Senior Services Representative

AS= Alzheimers Support Group

Book C=Book Club

CC=Creative Crochet

GF=GeriFit Exercise

Lib Day=Library Day

NF=Newsletter Folding

Sew=Sewing Class

Ad Bd=Advisory Board

BS=Bible Study

FD=Fellowship Dinner

HC=Health Check

M Mrkt=Mobile Market Day

PNPP=Personal Needs Pick Up

*Health Check done by Ohio Living Sarah Moore House

May 2026 – Community Meals

Please call your site before 9:30 a.m. to make a reservation.

Windsor: 937-644-8459
Richwood: 614-949-4382
Plain City: 614-873-8870



MONDAY, MAY 4

Cheeseburger on Lg. Bun
Roasted Root Veggies
Veggie Plate w/Ranch
Apricots

TUESDAY, MAY 5

Baked Fish over Wild Rice
Au Gratin Potatoes
Buttered Lima Beans
Peaches
Gingersnap Cookie

WEDNESDAY, MAY 6

Turkey Tetrazzini
Tossed Salad
Seasoned Green Beans
Cranberry Fluff Salad
Garlic Bread

BIRTHDAY CELEBRATION

THURSDAY, MAY 7

BBQ Ribs
Mashed Redskin Potatoes
Capri Vegetables
Creamy Fruit Salad
Dinner Roll
Cake & Ice Cream

FRIDAY, MAY 8

Chicken Fajitas on Tortilla
Mexican Street Corn
Spanish Rice
Creamy Coleslaw
Mandarin Oranges

MONDAY, MAY 11

Chef Salad
(Ham, Turkey, Cheese, HB Egg)
Waldorf Salad
Club Crackers
Orange/Cranberry Scones

TUESDAY, MAY 12

Meatloaf
Sweet Potato Casserole
Seasoned Italian Beans
Strawberries over
Angel Food Cake
Dinner Roll

WEDNESDAY, MAY 13

Chicken Salad on Lg. Bun
Pea Salad
Tomato & Onion Salad
Fruited Jell-O
Apple Pie Day

THURSDAY, MAY 14

Spaghetti w/Meat Sauce
Roasted Butternut Squash
Caesar Salad
Cinnamon Applesauce
Garlic Bread

FRIDAY, MAY 15

Hot Ham & Amer. Cheese on
Lg. Bun
Maple Roasted Sweet Potatoes
Broccoli Salad
Pineapple Salad

MONDAY, MAY 18

Chipped Beef Gravy
Over 2 oz. Biscuit
Fried Potatoes
Cold Beet Salad
Fruit Mix

TUESDAY, MAY 19

Honey BBQ Wings
Creamy Cucumber Salad
Cauliflower w/Cheese
Grapes
Hawaiian Roll
Animal Crackers

WEDNESDAY, MAY 20

Grilled Chicken Salad (Lettuce)
(Chicken, Cheese, HB Egg)
Mandarin Oranges
Vanilla Pudding
Club Crackers

THURSDAY, MAY 21

Johnny Marzetti
Tossed Salad
Seasoned Green Beans
Fruit Ambrosia
Garlic Bread

FRIDAY, MAY 22

Egg Salad on Croissant
Broccoli Slaw
Veggie Plate w/Ranch
Fresh Pineapple

MONDAY, MAY 25

Closed

TUESDAY, MAY 26

Chicken Parmesan
Tossed Salad
Creamy Coleslaw
Pears
Garlic Bread

WEDNESDAY, MAY 27

Haystacks (2oz. beef or
chicken, lettuce, tomato,
cheese & 1 oz. of chips)
Watergate Salad
2 in. Brownie
V-8

THURSDAY, MAY 28

Chicken Cordon Bleu
Loaded Baked Potato
Broccoli
Grape Salad
Gingersnap Cookie
WW Bread

FRIDAY, MAY 29

Grilled Hot Dog on Lg. Bun
American Potato Salad
Baked Beans
Watermelon



The Richwood Civic Center is sponsoring a trip
NIAGARA FALLS & TORONTO, CANADA

Trip #2

Our first trip is full so we added a second!

Monday Oct. 5th through Friday Oct. 9th, 2026

Come join us for an adventure to see some of the most famous attractions in Canada. We will take a boat journey to Niagara Falls, a guided tour of Toronto, will visit Casa Loma, (a magnificent castle), and visit Niagara on the Lake and Queen Victoria Park.

Price for this trip is \$800 (double occupancy) for members and \$825 for non members. Single occupancy is also available for an additional cost. This price includes transportation, 4 nights lodging , 8 meals, admission to all attractions and all tips.

To register, please call 740-943-2310. A \$75 non refundable deposit is required at the time of registration. Checks, cash, Paypal and Venmo are all accepted. Final payment is due by July 28th.

You must have a passport to be part of this trip. Roxie is available to help you with the passport process. Call the office to talk to her.



Due to circumstances beyond our control, there will be no mystery trip in May. They will resume in June.



Class Reunion Party

Let's party like it's 19??

Let's reminisce about our graduation year!

Wednesday May 20th¹ at 2:00 in the community room.

Bring an item or a memory to share about your senior year in high school. Talk about your favorite or least favorite teacher, share some pictures from your yearbook, discuss that prank your classmates pulled off or anything else that comes to mind.

Bring a snack that reminds you of your younger days to share. We'll provide the drinks.

We'll have some laughs and share some food!





GAME DAY

EVERY TUESDAY AT 1 PM
WE WILL BE LEARNING TO PLAY DIFFERENT GAMES

THIS MONTH WE ARE GOING TO
LEARN TO PLAY
RUMMIKUB
MELISA GROSE WILL BE TEACHING
THIS FUN GAME!

WE WILL STILL OFFER EUCHRE ON TUESDAYS
AT 1 AS WELL.

COME JOIN THE FUN

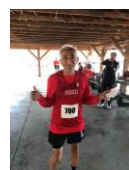


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				6			
		2			3		5
2		6	4	3			
		7				8	
	3		1			6	9
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1						9	
		8		5			

	2		4		8		
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		1		2	4		
		4	6		5		7
				7		6	3
		7			1		
1		2				3	9
	8						4

UPCOMING EVENTS TO MARK YOUR CALENDAR

- SAVANNAH, GA TRIP: MAY 11TH- MAY 16TH
- RICHWOOD FARMERS MARKET STARTS JUNE 11TH
- MEMBERS APPRECIATION DINNER: JUNE 26TH
- SENIOR DAY UNION CO. FAIR: JULY 27TH
- SUMMERFEST BINGO RUN: AUGUST 8TH
- SENIOR DAY RICHWOOD INDEPENDENT FAIR: SEPTEMBER 4TH
- RUTH WOODS FUN RUN: SEPTEMBER 5TH
- NIAGARA FALLS TORONTO TRIP: SEPTEMBER 21ST – SEPTEMBER 25TH
- NIAGARA FALLS TORONTO TRIP #2: OCTOBER 5TH – OCTOBER 9TH
- MEMBERS CHRISTMAS DINNER: DECEMBER 8TH





May 2026



SUN

MON

TUE

WED

THU

FRI

SAT

Happy Birthday

3

4

5

6

7

8

9

Rita Monroe

Tony Pfarr

Judith Salyer

Ashley Berry

10

11

12

13

14

15

16

Harry Hammond
Janice Hammond
Jeff Swartz

Larry Amerine

17

18

19

20

21

22

23

Dan Foos

Peggy Henman

Melynda
Workman

Ethel Wheeler

24/31

25

26

27

28

29

30

Chuck Bridge

Janet Dysert

Theresa Weese

Janee Brandt

Thomas Stiffler

Roxie Nauman
Edra Ridgeway

Denise Kanet
Mary Moody

Heating Assistance Available
Application Deadline: May 31, 2026

The Ohio Department of Development and Bridges Community Action wants to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact Bridges Community Action in Union County at 937-642-4986.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Richwood
Community Meal

Tuesday

MAY 19, 2026

4:30-6 pm

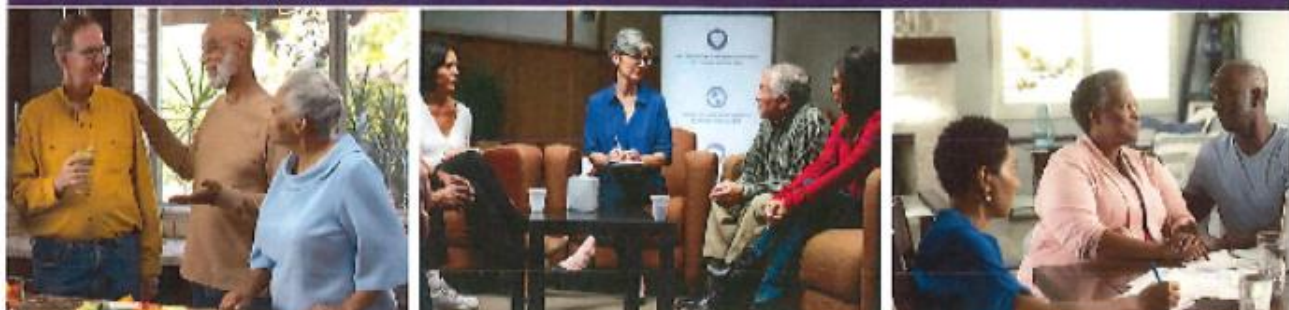
First Baptist Church
101 E Ottawa St, Richwood

Brought to you by area churches in partnership with



Everyone is welcome!
Free of charge!

CAREGIVER SUPPORT GROUP



First Tuesday of every month
@ 10 AM

Next meeting
May 5th

Location:
Richwood Civic Center
235 Grove St
Richwood, OH 43344

To register call 800-272-3900.

Visit alz.org/centralohio to learn more about
caregiver programs and resources.

**Build a support system with
people who understand.**

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for individuals caring for a loved one with dementia to:

- Develop a support system
- Exchange practical information on challenges and possible solutions
- Talk through issues
- Share feelings, needs and concerns
- Learn about community resources

800.272.3900 | ALZ.ORG

Creative Crochet & Sewing Class



Crochet 11:30 AM

Taking the summer off starts back up in September

Sewing 12:30 PM

Every Thursday



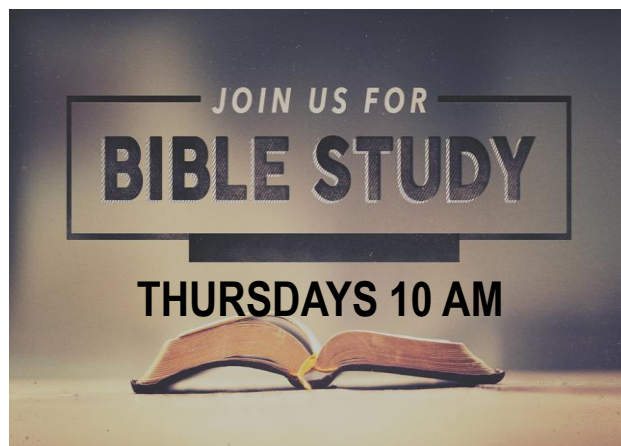
LINE DANCING

Every Monday

@ 12:30 PM

Led by

Art & Fred Smith



GERIFIT EXERCISE

Mondays 10 AM

Thursdays 9 AM



2nd Tuesday every month 10 AM



FELLOWSHIP DINNER

\$5

Tuesday, May 12 @ 5 PM

RSVP A MUST!

*Sponsor: RCC

*Entertainment: Kirk Chaffin

**Come join the fun
Every Monday &
Wednesday
@ 1 PM
CASH & PRIZES**



**BREAKFAST CLUB
EVERY 4TH WEDNESDAY
@ KELLY'S
RSVP IS A MUST!**



3	8	4	7	1	5	9	2	6
9	5	1	3	2	6	7	4	8
6	7	2	8	9	4	3	1	5
2	9	6	4	3	8	1	5	7
4	1	7	5	6	9	2	8	3
8	3	5	1	7	2	4	6	9
5	2	9	6	4	3	8	7	1
1	6	3	2	8	7	5	9	4
7	4	8	9	5	1	6	3	2

7	2	3	5	4	9	8	1	6
4	1	8	2	6	7	9	5	3
5	6	9	8	1	3	4	7	2
6	7	1	3	2	4	5	8	9
8	3	4	6	9	5	1	2	7
2	9	5	1	7	8	6	3	4
9	5	7	4	3	1	2	6	8
1	4	2	7	8	6	3	9	5
3	8	6	9	5	2	7	4	1

PERSONAL NEEDS PANTRY(PNP)

Personal Needs items such as facial tissues, bath tissue,, razors, deodorant, toothpaste, soap, shampoo, and more as well as special needs for seniors such as incontinence underwear, denture cleaner etc. are made available. We also have some cleaning supplies such as laundry detergent, toilet bowl cleaner, household cleaner and more.

To place an order for personal needs, call 740-943-3095 from 10 AM to 5 PM between the 20th and 30th of each month. Your order can be picked up on the first Saturday of the month at the Richwood Greene Apartments 235 Grove St. Between the hours of 9 AM and 10 AM. Please drive to the parking lot to the back of the building. You do not need to get out of your car- someone will be there to get the order for you. You must order in advance each month as described above. If you have any questions or are in an emergency situation, please call the Richwood Civic Center office at 740-943-2310. **PNP does not accept any donations of clothing or cosmetics.**



REAP

"U" Shop

Food Pantry

235 Grove St. Richwood OH

Back of building

*Pick your
own items!*

OPEN EVERY FRIDAY

8:30 am—12:00 pm

And by appointment

Available once per month

Please call Ruth at 740-751-3031 or
Amber at 937-209-8823

Serving all residents living in the
North Union School District.

Please bring

Proof of residency

ID's,

Social Security Number

or Birth Certificate

for anyone living in the
household



COMMODITY FOOD BOX PROGRAM

There are currently a
few spaces available
for this program.

Please call the
Richwood Civic Center
at 740-943-2310 and
speak with Janet if you
are interested.

Pick up is the first
Wednesday of every
month for 2026



Why visit Union County Senior Services?

Do you need help in the home?
Have you had any recent falls?
Do you need help with Personal Care?
Is there a need for transportation?
Come talk with us and we can help!
Or contact us at 937-644-1010 option #5

Visit us at the Richwood Civic Center
On the second Thursday every other month at 11 AM or call 937-644-1010 to make an appointment.



POP-UP LIBRARY

AT RICHWOOD GREENE
SENIOR LIVING



CHECK OUT BOOKS!



GET A LIBRARY CARD!

MAY 7TH

FROM 11:00 - 12:00

RICHWOODLIBRARY.ORG | (740)943-3054



**alzheimer's
association®**

LINDSEY
IS A REPRESENTATIVE
FROM THE
ALZHEIMER'S ASSOCIATION.

SHE WILL BE HERE IN OUR OFFICES ON
Tuesday, June 2
@ 11 AM
COME VISIT WITH YOUR QUESTIONS



Farrier Supplies
367 E. BLAGROVE ST., RICHWOOD, OHIO 43344
PHONE (740) 943-2335
1-800-421-3109
www.ken-davis.com
kendavis@ken-davis.com



**RICHWOOD
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209 N. Franklin St.
Richwood, Ohio 43344

740-943-2381
740-943-2382

Veterans of Foreign Wars VFW Post 870



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Supporting Our Schools!
Serving Our Community!
OHIO CHARITIES

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343 E. Blagrove St. P.O. Box 65 Richwood, OH 43344
740.943.2412

Adam Neglye, MPH

Executive Director
adam@mhrbuc.org

131 N Main Street
Marysville, OH
43040
937.642.1212



mental health &
recovery board
UNION COUNTY

AFFORDABLE, SENIOR

RICHWOOD GREENE



235 Grove St #100
Richwood, OH 43344
55+ APARTMENTS
1&2 BEDROOM UNITS

740-943-2332

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER



Comprehensive ENT & Audiology Services

Hearing is so vital to our quality and enjoyment of life. Our Memorial Ear, Nose & Throat practice combines the medical expertise of our ENT providers and the diagnostic skills of our audiologists to provide the most comprehensive care possible.



Benjamin Bush, MD



Karen Smith, PA-C



Eryn Staats, AUD



Gretchen Waggoner, AUD

To find out more about our services or to schedule an appointment, please contact Memorial Ear, Nose & Throat at (937) 578-4300.

- 📍 **Memorial Gateway Medical Center**
140 Coleman's Crossing Blvd., 2nd Floor, Marysville
- 📍 **Memorial Jerome Medical Center**
11850 Sycamore Trace, 2nd Floor, Plain City
- 📍 **Memorial Urbana Medical Center**
1958 E US Hwy 36, 2nd Floor, Urbana

MemorialOhio.com

Our ENT team specializes in:

- Nasal and sinus issues
- Pediatric tonsil and ear disorders
- Tumors of the head and neck
- Sinus and nasal surgery
- Snoring and sleep apnea
- Diseases of the salivary glands
- Head and neck cancer
- Thyroid and parathyroid diseases
- Ear and hearing problems
- Voice and swallow dysfunctions

Our Audiology team specializes in:

- Hearing tests
- Tests and therapies for tinnitus (ringing in the ear)
- Vertigo
- Quality digital hearing aid fitting
- Expert hearing aid adjustment and service
- Assistive listening devices (ALDs)

 **Memorial** EAR, NOSE & THROAT

The # 1 Exercise to Do as You Get Older—Squats

By Michelle Crouch, AARP

If you have challenging moments struggling to get up from that deep, old sofa, squats are one of the best overall exercise. They can protect your joints, improve your balance and prevent falls, says Denise Austin, who has spent more than 40 years as one of America's best-known fitness experts and authors. They strengthen the major muscles of the lower body we need to keep strong and also protect two joints we need help with on a regular basis — our knees and our hips."

Heel-raise squats—Perform a basic squat, but as you're returning to the standing position, keep lifting your heels off the floor as far as you can without losing your balance (even a centimeter off the floor counts!). Lower your heels back down to the floor and repeat 8 to 10 times.

Dumbbell-offset squats - Stand with your feet shoulder width apart and hold a lightweight dumbbell in each hand. Curl the weight in your left hand up and rest the dumbbell on your left shoulder — leave your right arm down at your side. Do one set of 8 to 10 repetitions of squats. Switch positions (resting the dumbbell in your right hand on your right shoulder, keeping your left arm straight) and perform a second set of 8 to 10 repetitions.

Side-kick squats—Perform a basic squat, but bring your hands up in front of your chest. As you push yourself back up into a standing position, shift your weight on to your right leg and gently lift your left leg out to the side, so you use only your right leg to push yourself back up. Alternate between your left and right legs for 8 to 10 repetitions. —Myatt Murphy, certified strength and conditioning specialist



Low Cost Pet Vaccine Clinic

Hospets will provide low cost vaccines for cats and dogs for Union County Seniors on **Sunday, May 17 from 12 noon to 3pm** at Union County Services Center, 940 London Avenue, Marysville.

Vaccines for dogs: DHLPP: \$10, Bordetella: \$10, Rabies: \$10, Lyme: \$35, Influenza: \$45

Vaccines for cats: FVRCP: \$15, FeLV (Leukemia): \$20, Rabies:\$10

No appointment needed, CASH OR CREDIT CARD

All pets must be on a leash or in a carrier. Contact Hospets with questions 614-266-3267.



Adult Protective Services

Do you have concerns that a senior, 60 or over, is being maltreated? Examples include physical harm/injury, neglect, self-neglect, financial exploitation, verbal/emotional abuse, sexual abuse.

Contact the Abuse Hotline at 937-644-1010 Option 1

Things to do!

Each month we will review one of the Union County Senior activity centers. This month is about **Richwood Civic Center (RCC)**, who's mission is to be a vital community based non-profit organization committed to providing for the well-being and growth of families and individuals through activities, education and resources. Address: 235 Grove St. Business Hours: M 10-2, T 10-3, W & TH 10-4, F 10-2:30. 740-943-2310 or 740-268-0112. Membership fee: Single \$20.00, Couple \$25.00.

The RCC offers a breakfast club, GeriFit exercise, library day, sewing class, Alzheimer's support and education, book club meetings, crocheting, free health checks, mobile market day, personal needs pantry pick up day, bible study, fellowship dinners, line dancing, mystery trips, and bus trips all around the county.

Upcoming Events: Savanna, GA trip May 11-May 16, Richwood Farmers Market starts June 11, Members appreciation dinner, Senior Fair Day in Union County July 27th, Summerfest Bingo Run: August 8th, Senior Day Richwood Independent Fair September 4th, Ruth Woods Fun Run September 5th.



Trualta is a free online website that offers quick videos, articles, tip-sheets, and professional-level trainings that are tailored to meet the caregiver's learning style. Central Ohio Area Agency on Aging (COAAA) is partnering with Trualta to offer this resource at no cost to central Ohio caregivers who live in COAAA's eight-county area (Delaware, Fairfield, Fayette, Fairfield, Franklin, Licking, Madison, Pickaway, and Union).

- Offers practical caregiving tips and techniques
- Covers many topics caregivers face including personal care, brain health, safety, self-care, managing challenging behaviors, and more
- Connects caregivers to local resources
- Provides opportunities to connect with other caregivers
- Can be accessed from any computer or mobile device connected to the internet



Registration is required to access the platform. To learn more about [Trualta](#) and how to register, contact Daniel Seltzer at (614) 724-7007; or Stephanie Andrews at 614-645-7460

Annual Community Rabies Vaccination Clinic

Sunday, May 17th, 1-4 pm

- \$12 Rabies shots available for cats and dogs 4 mths of age or older
- Cash only
- No RSVP required
- All dogs must be leashed and under the control of an adult
- Please limit one adult per pet

Locations include:

- Marysville—OSU Large Animal Clinic, 16410 County Home Rd.
- Milford Center 0 Union Township Fire Dept. 47 Railroad St.
- Raymond— TBD

Clinics are made possible by the partnership of local OSU veterinarians, Union County Humane Society staff and volunteers and the Union County Health Department. This is an annual event aimed at making sure as many pets as possible are vaccinated against rabies in our community.



is published monthly and mailed to Union County seniors and community members. If you would like to be added to the mailing list please contact Union County Senior Services at 937-644-1010 **Option 5**. If you would like to receive an electronic copy via email contact Tonya.brooks@jfs.ohio.gov.

Richwood Civic Center Annual Membership Form

Date_____

Name_____Birthdate_____

Address_____

City_____State_____Zip_____

Email_____

Phone_____Veteran Yes No

Spouse Information

Name_____Birthdate_____

Phone_____Veteran Yes No

Email_____

Annual membership fee: Single \$20.00 Couple \$25.00

Renewal due by July 1st of each year.

Please make checks payable to: Richwood Civic Center

235 Grove St.; Box 200

Richwood, OH 43344

You can also send money through PayPal or Venmo: Richwood Civic Center

Information will be used for newsletter mailings and event reminders. Information will not be shared with any outside agencies.

EVENTS/REMINDERS

Mobile Market – Wednesday, May 6
Library Day – Thursday, May 7
Fellowship Dinner – Tuesday, May 12
Breakfast Club – Wednesday, May 27
Mystery Trip – None for this month



Seniors: Do you have personal papers that need to be disposed of? We have a File 13 Bin for your security. This service is provided free of charge through File 13, Marysville, OH

TRANSPORTATION

For seniors needing transportation to their activities of daily living (mobile market, shopping, medical, banking, legal, library etc) and to activities of socialization (all of our activities) free of charge for seniors 60 years and older, please call: **UCATS at 937-642-5100** to schedule a ride.

Please call at least 24 hours in advance.

Other transportation companies for a small fee:

A Way Out Transportation

937-738-2210

Legends Lift & Transport

937-358-2024



The Richwood Civic Center

Is funded in part by:



OHIO
grow with us.

United Way
of Central Ohio

